

Soo Bahk Do Houston Martial Arts School
12240 Murphy Road Suites J
Stafford, Texas 77477
Phone (281) 983-9901
Cell (281) 796-9805

Hello My Name is Brandon Boudreaus, Assistant Instructor, and I want to introduce you to:

My Instructor, Master Ron Williams

Beginning in June, my instructor and I are starting a special class for those with disabilities. The class will be held every Monday and Friday from 4:30 – 5:30. I know it is very hard to defend yourself in the world we live in today, but I know if I can do it, and do it well enough to assist my instructor in teaching a class, than you can do it too.

First, I want to tell you how I started in the martial arts, because I was just like you at one time. My best friend, Michael Callis, was taking martial arts with his stepfather, and he invited me to come to class and join one time. I told him no way; I cannot take that. I thought my disability would hold me back, but Mike told me there was no way he would let that happen and that I could do it and he would help.

See, I have cerebral palsy. However, Mike said anyone can take martial arts. It's about self-defense and everyone needs to know how to defend themselves. Mike told me that if I have the will-power I can do it. I went to the class with Mike and I was so scared, but as the night went on I had so much fun learning self-defense. It was a big challenge, but by the end of the class I was so proud. Then the class was closing and Master Williams had everyone standing in line waiting to leave. He looked at me and told the whole class how proud of me he was for trying, and at that moment I realized that this is for me; this is what I want to do. If he was proud of me now, just wait to see where I am months from now.

About two months went by and Master Williams was a little upset because some kids were not taking martial arts seriously. They were good kids, but they were bored and wanted to quit. I wish I had what they have and I don't quit. I had asked Master Williams to let me talk to them. Master Williams told me he was so proud of me and knew that I would be the perfect person for that, because I inspire him sometimes when he gets a little discouraged. I knew at that moment Master Williams cares about me and people just like me, with or without disabilities, and that he is really trying to give us structure and the gift of defending ourselves.

Well, that night I stood up in front of the class and told the class here that I am and doing well with my moves and my techniques. I am living proof that anyone can do martial arts and no one should be afraid or give up. My doctor's told me that I would never walk again and that I would be in a wheel chair for the rest of my life. Here I am not only walking, but doing Martial Arts and helping myself.

Anyone can do Martial Arts, the only real disability someone has is in there mind. If you have a heart and you involve it, there are no boundaries. My greatest hope is that I can inspire others with disabilities to try just like I did, and make their life a little safer knowing they can protect themselves, as well as gain self-esteem and confidence. I know everyone in the whole world needs to work on that. So I encourage many parents to get there children and adults too, with a program just like ours and prove to yourself and your families that you can do just like I did. My mother is so proud that she encourages me everyday and supports everything I do with the martial arts; I hope to see you soon!